



# LEARNING AND SKILLS COURSE OFFERINGS



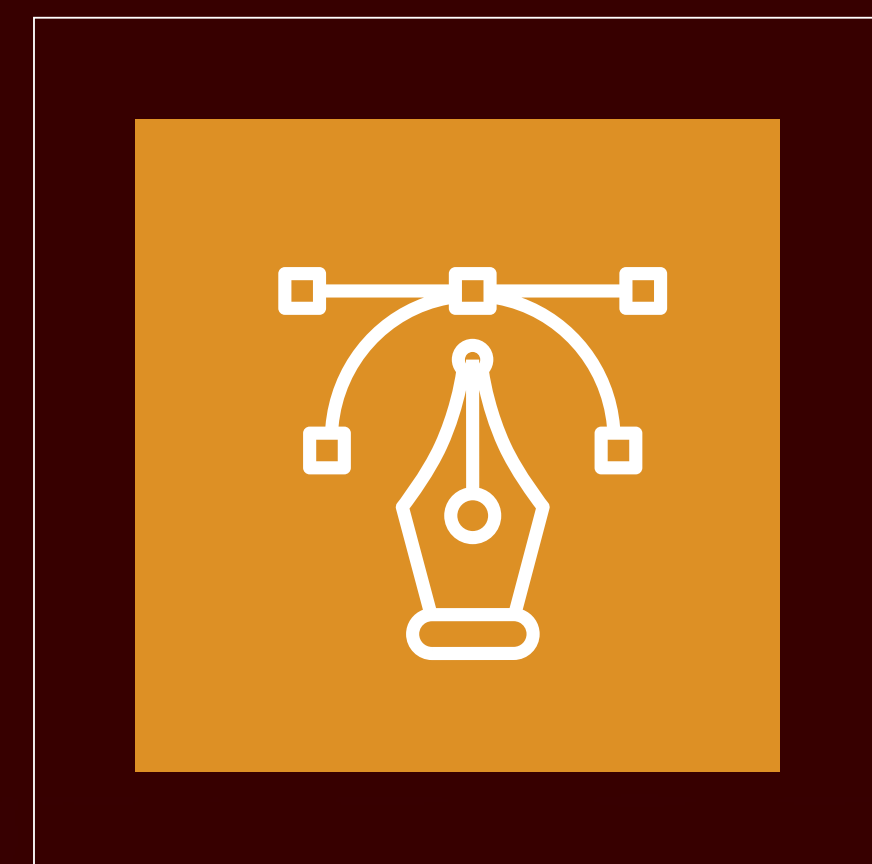
FOR MORE INFORMATION

 **1 88 20 30**

Sabah Al Salem, Block 01, Street 112

 **arganbedaya**





## DESIGN & TECHNOLOGY

The Fine Arts & Design Technology department at ARGAN Bedaya aims to inspire and engage the community by delivering creative, practical, and challenging programs combining technology and a hands-on holistic approach to lifelong learning. Course offerings include, but are not limited to, product design, smart materials, mixed media, painting, drawing, printing, fashion and textiles, 3D design, sculpture, art history and fine arts for all ages.







# ART CLUB

This course is designed for learners that enjoy drawing, painting, collage, mixed media, sculpture, printing making, watercolors, soft pastels, calligraphy, and oil painting. Each session learners will focus on a different technique, artist, and medium. This course is very hands-on and encourages individual expression.

Starting May 5<sup>th</sup> 2023 | June 15<sup>th</sup> 2023

| AGE  | STARTING DAY | DURATION                                  |
|------|--------------|---|
| 6-12 | Friday       | 2:30 <sup>pm</sup> - 4:00 <sup>pm</sup>   |
|      | Saturday     | 11:00 <sup>am</sup> - 12:30 <sup>pm</sup> |
|      | Monday       | 4:00 <sup>pm</sup> - 5:30 <sup>pm</sup>   |
|      | Tuesday      | 4:00 <sup>pm</sup> - 5:30 <sup>pm</sup>   |
|      | Thursday     | 4:00 <sup>pm</sup> - 5:30 <sup>pm</sup>   |
| 13+  | Friday       | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup>   |
|      | Saturday     | 1:00 <sup>pm</sup> - 2:30 <sup>pm</sup>   |
|      | Monday       | 6:00 <sup>pm</sup> - 7:30 <sup>pm</sup>   |
|      | Tuesday      | 6:00 <sup>pm</sup> - 7:30 <sup>pm</sup>   |
|      | Thursday     | 6:00 <sup>pm</sup> - 7:30 <sup>pm</sup>   |

FULL TERM PRICE **KD 162** for **12** sessions (2 sessions per week)  
 OR **KD 90** for **6** sessions (2 sessions per week)

**Instructor:** Rehiat Kabir, Emilija Balaban and Philip Kamble



# DEVELOPING YOUR ARTISTIC SKILLS (16+)

Run by our artist in residence Haneen Alrabeea. This workshop will be sold as 4 classes, each session will be 3 hours long. You will determine the theme and medium with the artist and develop your creative skills. You have a choice of pencils, pastels, and oils and Haneen will take you through the process. This workshop is suitable for all. Sessions will be differentiated for the different abilities and interests of the learner.

Every Sun & Wed

April 30<sup>th</sup> 2023 | June 15<sup>th</sup> 2023

Time 4:00<sup>pm</sup> - 7:00<sup>pm</sup>

**KD 120 for 4 sessions**

(12 hrs) including materials

Maximum number of registrants: 10

**Instructor:** Haneen Alrabeea







## STEM

STEM is an interdisciplinary approach to learning that integrates Sciences, Technology, Engineering and Math, to engage learners with real-life experiences that will lead to deep and long-lasting inspired learning.

The STEM courses at ARGAN Bedaya cover a wide range of areas, including but not limited to coding and robotics, astrophysics, mechanical engineering, biochemical engineering, structural engineering, and much more. With the help of these courses, learners will develop their skills as coders, engineers, researchers, problem solvers, creative and critical thinkers, and global citizens.



# STEM CLUB

STEM Club is a great way to provide opportunities for young people to have fun, be creative and expand their knowledge. Learners will be engaged with real-life experiences that will lead to deep and long-lasting inspired learning. The STEM club at Argan Bedaya covers a wide range of areas, including but not limited to coding and robotics, astrophysics, mechanical engineering, biochemical engineering, structural engineering, and much more.

Starting May 1<sup>st</sup> 2023 | June 15<sup>th</sup> 2023

| AGE  | STARTING DAY | DURATION                                  |
|------|--------------|---|
| 6-12 | Friday       | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup>   |
|      | Saturday     | 1:00 <sup>pm</sup> - 2:30 <sup>pm</sup>   |
|      | Monday       | 4:00 <sup>pm</sup> - 5:30 <sup>pm</sup>   |
|      | Tuesday      | 4:00 <sup>pm</sup> - 5:30 <sup>pm</sup>   |
| 13+  | Friday       | 2:30 <sup>pm</sup> - 4:00 <sup>pm</sup>   |
|      | Saturday     | 11:00 <sup>am</sup> - 12:30 <sup>pm</sup> |
|      | Monday       | 6:00 <sup>pm</sup> - 7:30 <sup>pm</sup>   |
|      | Tuesday      | 6:00 <sup>pm</sup> - 7:30 <sup>pm</sup>   |

FULL TERM PRICE **KD 176** for **13** sessions (2 sessions per week)

OR **KD 75** for **5** sessions (2 sessions per week)







## PERFORMING ARTS

The Argan Bedaya Performing Arts Program is a comprehensive offering comprising Dance, Drama and Music for young students and adults. The focus of our classes is on providing the highest standards of teaching by experienced professionals to help students of all ages reach the highest standards possible in their chosen craft and practice. Each term will finish with a showcase performance for all ages and levels, with the annual highlight being the Short+Sweet and Fast+Fresh Theatre and Dance Festivals for kids and adults.





# DRAMA CLUB

Learners will use fun, innovative and interactive drama exercises to develop self-confidence and communication skills to thrive in daily life, including developing good posture, speaking clearly, interacting with other people, and freedom of movement and expression.

Starting April **30<sup>th</sup>** 2023 | June **15<sup>th</sup>** 2023

| AGE  | STARTING DAY | DURATION        |
|------|--------------|-----------------|
| 6-12 | Sunday       | 4:30pm - 5:30pm |
| 13+  | Monday       | 4:30pm - 6:00pm |

FULL TERM PRICE <sup>6-12</sup>Y/O **KD 76** for **7** sessions (1 session per week)

OR **KD 48** for **4** sessions (1 session per week)

FULL TERM PRICE <sup>13+</sup>Y/O **KD 95** for **7** sessions (1 session per week)

OR **KD 60** for **4** sessions (1 session per week)

**Instructor:** Alex Broun





# FILM CLUB

Film Club is a fun introduction to the fundamentals of film making for kids and teenagers. All students will learn how to act on camera, choose camera angles, work with other actors, direct, and edit. They will get to work in front of and behind the camera and even make their own short films, which they can share with their friends and family, all while receiving feedback from an experienced and highly acclaimed film making instructor.

Starting May 2<sup>nd</sup> 2023 | June 15<sup>th</sup> 2023

| AGE  | STARTING DAY | DURATION                                |
|------|--------------|---|
| 6-12 | Tuesday      | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup> |
| 13+  | Wednesday    | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup> |

FULL TERM PRICE **KD 95** for 7 sessions (1 session per week)

OR **KD 60** for 4 sessions (1 session per week)

**Instructor:** Alex Broun





# PUBLIC SPEAKING FOR ADULTS

Learn the skills required to become a great public speaker including the four Cs: confidence, clarity, connection and charisma. In this course participants are taught all the basics of public speaking including confidence, connecting with the audience, clarity, articulation, breathing and posture through exercises and enjoyable interactive games. Participants are then given practical speaking challenges to practice what they have learnt and receive expert feedback and guidance by the experienced course instructor, a specialist in the craft of public speaking.

Every Wednesday

May **10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> & 31<sup>st</sup>** 2023  
Time 7:00<sup>pm</sup> - 8:30<sup>pm</sup>

KD **50 for 4 sessions**

**Instructor:** Alex Broun



# SCREEN ACTING FOR ADULTS

An introduction to the fundamentals of screen acting including camera technique, character study, script analysis, accessing emotions, connecting with other actors, and working with a director. All participants get to work on camera, film scenes, watch them back and receive feedback from an experienced and acclaimed screen acting instructor.

Every Monday

May 1<sup>st</sup> 2023 | June 5<sup>th</sup> 2023

Time 6:30<sup>pm</sup> - 8:30<sup>pm</sup>

KD 90 for 6 sessions

**Instructor:** Alex Broun





# PRE-BALLET

## (3-5 YRS)

Early Years Ballet focuses on multidisciplinary and gross motor development. The classes are drawn from a mixture of modern child-friendly practices, based on traditional methodology, which has been taught for centuries. Tiny Tots Ballet is all about building confidence, spatial awareness, and fine and gross motor skills, along with developing age-appropriate movement techniques.

This class will work on introducing learners to ballet terminology, body coordination, and musical interpretation.

Every Sunday

April 30<sup>th</sup> 2023 | June 15<sup>th</sup> 2023

Time 4:30<sup>pm</sup> - 5:30<sup>pm</sup>

FULL TERM PRICE KD 70 for 7 sessions (1 session per week)

OR KD 40 for 4 sessions (1 session per week)

**Instructor:** Mari Rose Adamyman





# CLASSICAL BALLET

Classical Ballet is a mixture of French, Italian, and Russian practices that have been taught and developed for centuries. Classical Ballet is all about discipline, technique, and patience. This class will work on introducing learners to ballet terminology, body coordination, and musical interpretation.

Starting April **30<sup>th</sup>** 2023 | June **15<sup>th</sup>** 2023

| AGE   | STARTING DAY | DURATION                                |
|-------|--------------|---|
| 6-9   | Saturday     | 5:30 <sup>pm</sup> - 7:00 <sup>pm</sup> |
|       | Sunday       | 5:45 <sup>pm</sup> - 7:15 <sup>pm</sup> |
|       | Tuesday      | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup> |
| 9-12  | Saturday     | 5:30 <sup>pm</sup> - 7:00 <sup>pm</sup> |
|       | Monday       | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup> |
|       | Wednesday    | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup> |
| 12-15 | Monday       | 6:15 <sup>pm</sup> - 7:45 <sup>pm</sup> |
|       | Wednesday    | 6:15 <sup>pm</sup> - 7:45 <sup>pm</sup> |
| 16+   | Tuesday      | 6:15 <sup>pm</sup> - 7:45 <sup>pm</sup> |

#### FULL TERM PRICE

6-9 - 9-12  
Y/O - Y/O **KD 270** for **20** sessions (3 sessions per week)

#### FULL TERM PRICE

12-15  
Y/O **KD 189** for **14** sessions (3 sessions per week)

#### FULL ITEM PRICE

16+  
Y/O **KD 95** for **7** sessions (1 session per week)

OR

All age groups **KD 75** for **5** sessions

**Instructor:** Marie Rose Adamyan







# CONTEMPORARY & MODERN DANCE

Contemporary & Modern Dance is all about self-expression through movement without all the rules of traditional dance. This class will work on technique, movement, flexibility, and the ability to create a story through our body.

Starting April **29<sup>th</sup>** 2023 | June **15<sup>th</sup>** 2023

| AGE   | STARTING DAY | DURATION                                  |
|-------|--------------|---|
| 9-12  | Saturday     | 11:00 <sup>am</sup> - 12:30 <sup>pm</sup> |
| 12-15 | Saturday     | 1:00 <sup>pm</sup> - 2:30 <sup>pm</sup>   |

#### FULL TERM PRICE

KD **95** for **7** sessions (1 session per week)

OR

KD **60** for **4** sessions (1 session per week)

Instructor: Mari Rose Adamyan





# FLY YOGA

Fly Yoga is perfect for those looking to try something a little different. Aerial Yoga connects the body and mind by working to relax and strengthen our muscles, balance our emotions, and improve our flexibility.

Starting May **1<sup>st</sup>** 2023 | June **10<sup>th</sup>** 2023

| AGE   | STARTING DAY | DURATION                                |
|-------|--------------|---|
| 12-15 | Saturday     | 3:00 <sup>pm</sup> - 4:00 <sup>pm</sup> |
| 16+   | Sunday       | 7:30 <sup>pm</sup> - 9:00 <sup>pm</sup> |
|       | Tuesday      | 8:00 <sup>pm</sup> - 9:30 <sup>pm</sup> |

#### FULL TERM PRICE

**12-15 Y/O** KD **76** for **7** sessions (1 session per week)

OR KD **48** for **4** sessions (1 session per week)

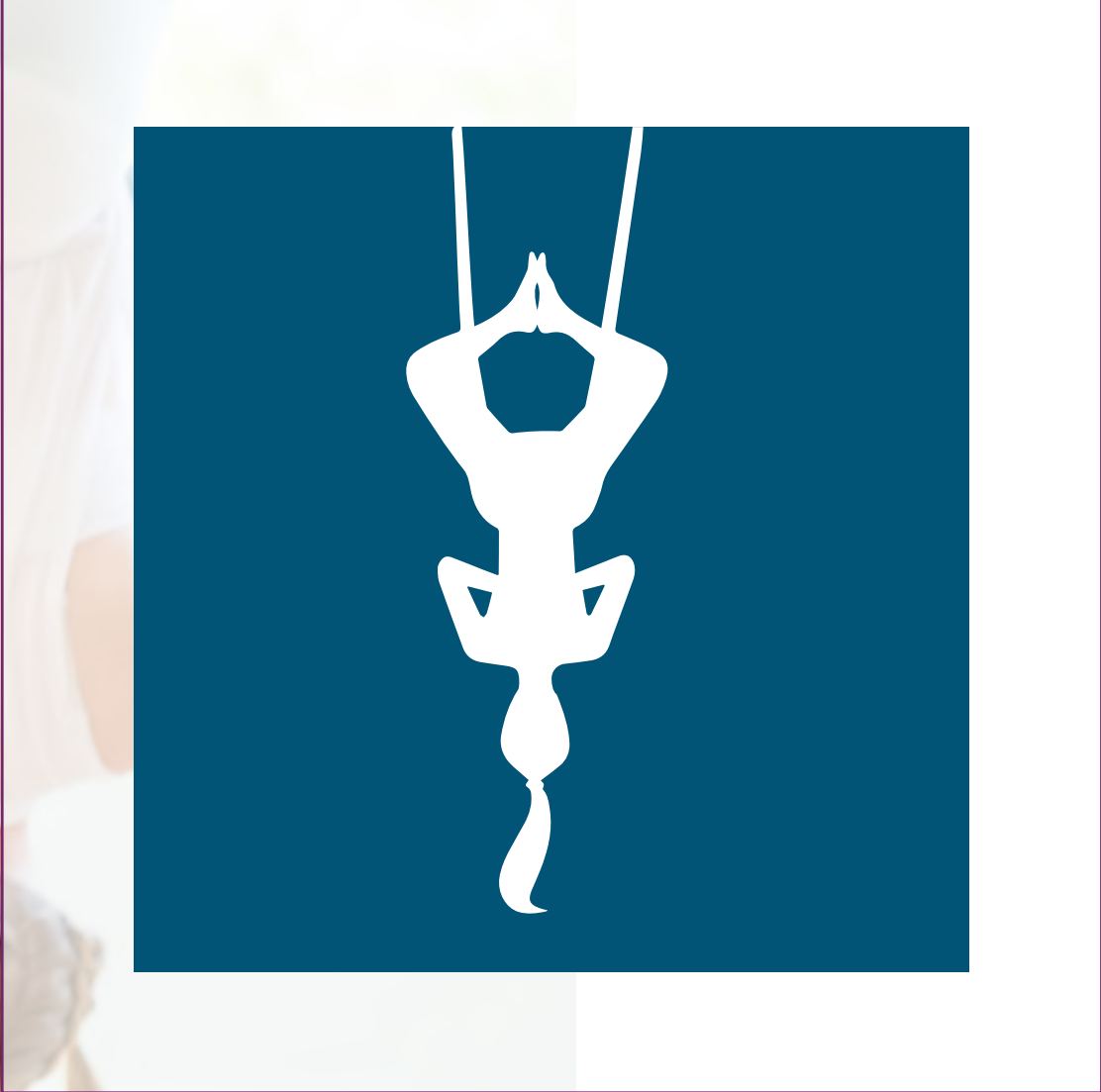
#### FULL TERM PRICE

**16+ Y/O** KD **189** for **14** sessions (2 sessions per week)

OR KD **75** for **5** sessions (2 sessions per week)

Instructor: Mari Rose Adamyman





# FLY YOGA FAMILY (14+)

In this innovative class, Mothers and Daughters can experience the joy of Fly Yoga together. The class is specially designed for family pairs to share the joy of connecting the body and mind together by working to relax and strengthen our muscles, balance our emotions, and improve our flexibility. This will be a truly unique and memorable experience that mother, and daughter will never forget and will treasure long after the class has finished. (PLEASE NOTE: Space is strictly limited. So, book early!!!)

Every Saturday

May **1**<sup>st</sup> 2023 | June **10**<sup>th</sup> 2023

Time 4:30<sup>pm</sup> - 5:30<sup>pm</sup>

FULL TERM PRICE

KD **122.5** for **7** sessions for both mother and daughter

OR KD **70** for **4** sessions for both mother and daughter

Instructor: Mari Rose Adamyman





## ACADEMIC TUTORING

At ARGAN Bedaya, our main aim is to offer tailor-made courses which will guarantee results and long-term success. Our tutoring programs focus on building confidence and developing the skills needed for critical thinking, boosting specialized subject areas, as well as contributing to school success and beyond. Our qualified teachers blend technology with traditional methods to engage learners and accelerate the learning process. At ARGAN Bedaya we will help you to find the right program to meet your child's needs. We offer dedicated help in homework skills, specialized and advanced classes, skills mastery, and preparing learners for higher level learning.



# TUTORING (K-12)

Private tutoring is based on homework help. Tutors will help learners work on their school assignments and minimize their homework frustration. Learners will be able to master the skills taught in their classrooms and be ready for assessments to help develop a positive attitude toward learning and assignments.

## Subjects

Mathematics; Science-Physics, Chemistry, Biology; English; Social Studies; History; Arabic; **Individualized Learning Programs: English & Mathematics**

KD **220** per **12** sessions

KD **360** per **24** sessions

KD **430** per **36** sessions

KD **20** per session







# TUTORING (COLLEGE/UNIVERSITY)

Tutoring is based on college or university homework support. Learners will be able to master the skills taught in their classrooms and be ready for assessments to help develop a positive attitude toward learning and assignments.

### Subjects

Calculus; Finance; Accounting; Business Math; Math foundation; Physics foundation

KD **300** per **12** sessions

KD **520** per **24** sessions

KD **650** per **36** sessions

KD **35** per session



# SAT MATH PREP COURSE (AGES 15-18)

SAT Math prep course is designed for learners to review and master all the skills needed in the math section. Learners will practice SAT sample questions and will be taught strategies to solve problems. Upon completion of the course, learners should understand the SAT exam structure and the ability to handle tricky questions and avoid common mistakes.

Every Tuesday

Time **4:00<sup>pm</sup>** - **7:00<sup>pm</sup>**

KD 100 for 4 sessions

$$2x^2 + 9x + 10 = 0$$

$$10x^2 + 3 + 2x = 0$$

$$30x^2 - 50x + 100 =$$





# SAT ENGLISH PREP COURSE (AGES 15-18)

SAT English prep. course focuses on the reading, vocabulary and writing skills. Learners will practice SAT sample questions and will be taught the strategies to master SAT-like questions. Upon completion of the course, learners should understand the SAT exam structure and the ability to handle tricky questions and avoid common mistakes.

Mondays & Wednesdays

Time **4:00<sup>pm</sup> - 7:00<sup>pm</sup>**

KD 150 for 6 sessions







## IELTS PREP. (AGES 15-18)

The IELTS prep. Course is focused on practicing speaking, listening, grammar, reading and writing skills. The goal of this course is to prepare the learners for the IELTS exam.

Every Sundays & Thursdays

Time 4:00<sup>pm</sup> - 8:00<sup>pm</sup>

KD 250 for 9 sessions





# TOEFL PREP. (AGES 15-18)

The TOEFL prep. Course is designed for learners to develop the necessary skills to master the TOEFL test. This course is focused on speaking, listening, writing, and reading skills.

Sundays and Thursdays

Time **4:00<sup>pm</sup>** - **8:00<sup>pm</sup>**

KD 250 for 9 sessions



# APTITUDE TEST (KUWAIT UNIVERSITY) (AGES 15-18)

This course is designed to prepare the learners to sit for the Aptitude Test required for admission to Kuwait University.

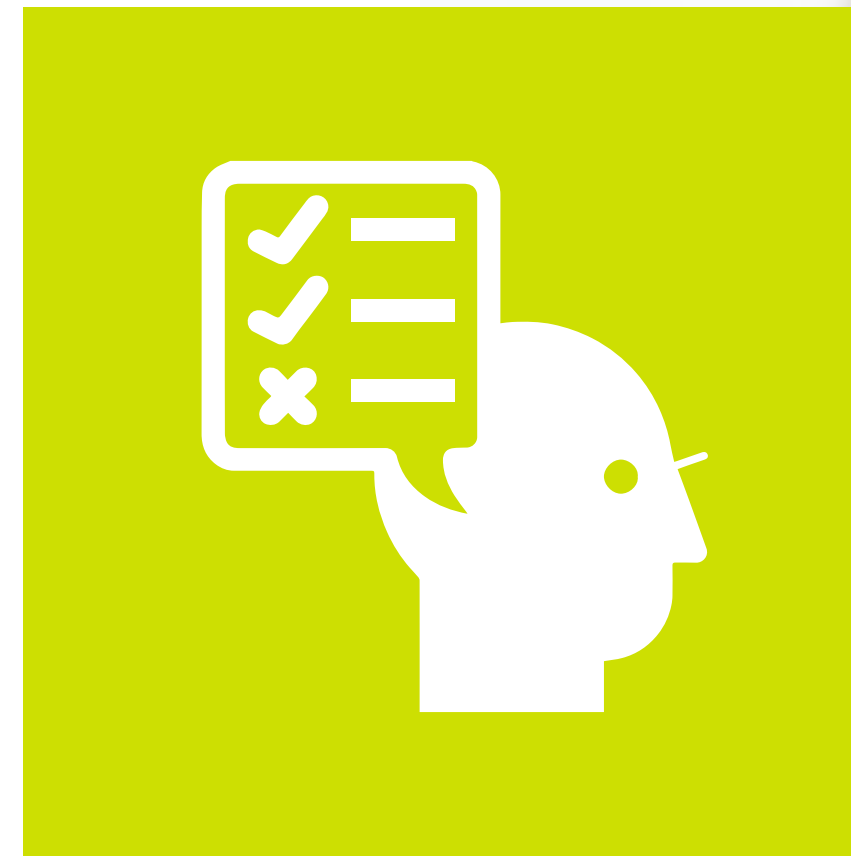
## Subjects

English and Mathematics

Every Wednesdays

Time **4:00<sup>pm</sup>** - **7:00<sup>pm</sup>**

KD 120 for 5 sessions





# FENCING

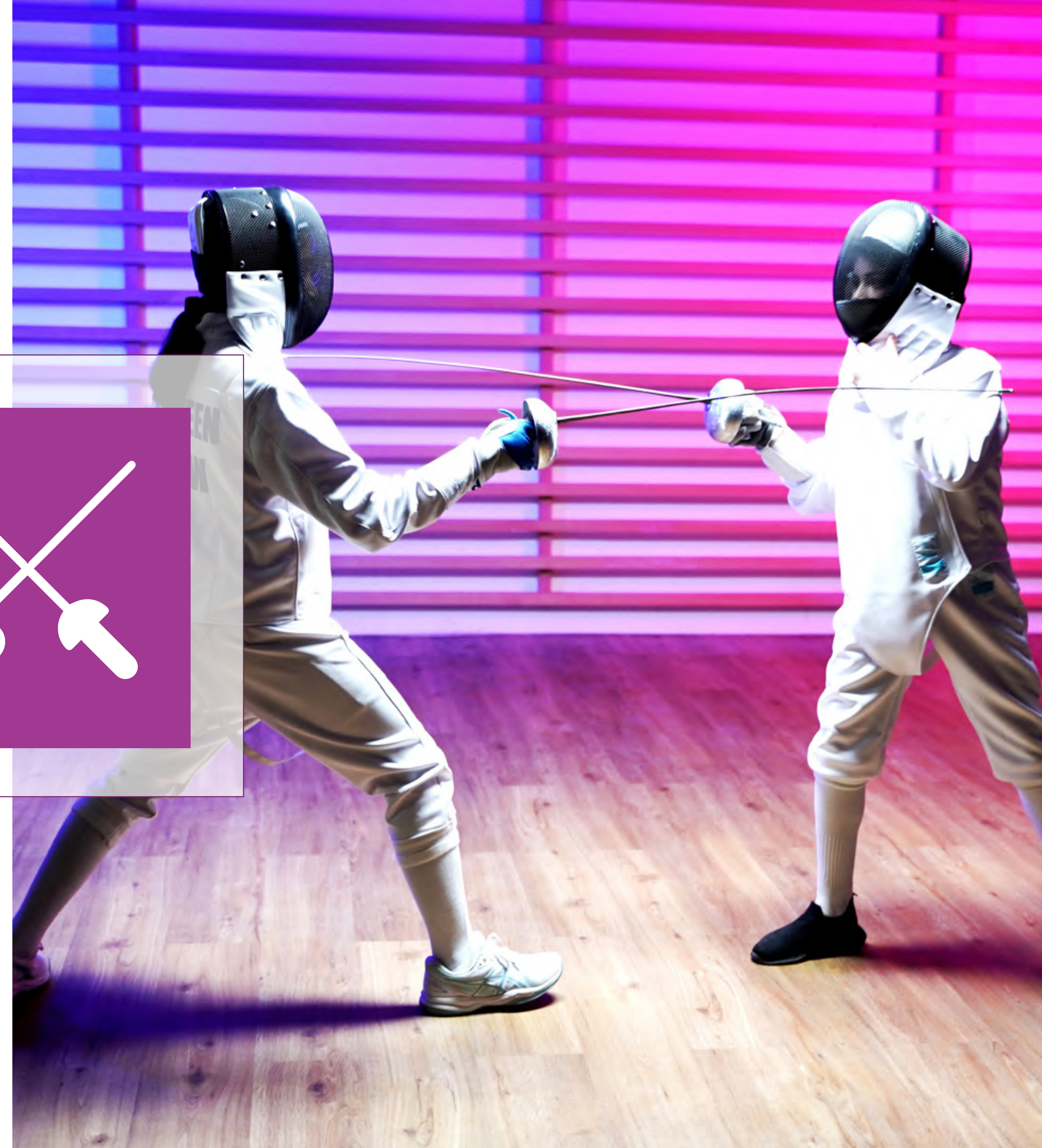
Toosh Winner's Fencing program teaches and develops skills in a dynamic, safe, and exciting environment. We offer programs for fencers of all ages and skill levels, from beginners to advanced. With a focus on technique, footwork, and strategy, our experienced coaches provide individuals with personalized training to help them succeed. The fencing program at our center offers a challenging and rewarding experience for everyone, whether you're interested in competing or just enjoying the sport.

Starting April **25<sup>th</sup>** 2023 | June **15<sup>th</sup>** 2023

| AGE  | STARTING DAY | DURATION                                |
|------|--------------|---|
| 5-11 | Sunday       | 5:00 <sup>pm</sup> - 6:00 <sup>pm</sup> |
|      | Tuesday      | 5:00 <sup>pm</sup> - 6:00 <sup>pm</sup> |
| 12+  | Sunday       | 6:00 <sup>pm</sup> - 8:30 <sup>pm</sup> |
|      | Tuesday      | 6:00 <sup>pm</sup> - 8:30 <sup>pm</sup> |
|      | Thursday     | 6:00 <sup>pm</sup> - 8:30 <sup>pm</sup> |

KD **80** for **8** sessions with 2 weeks freeze

Trial session is KD **20** (Private session)







# FOOTBALL (U5 – U17)

The Paris Saint-Germain Academy is committed to passing on the Club's philosophy and values of possession-based football, enjoyment, education, and personal balance. All of the young boys and girls joining us at the Paris Saint-Germain in Kuwait will have the unique opportunity to play football, make new friends and develop their skills in a fun and relaxed environment.

**Every Sunday to Thursday**

Apr **25**<sup>th</sup> 2023 | June **26**<sup>th</sup> 2023

Time 4:30<sup>pm</sup> - 8:30<sup>pm</sup>

The sessions vary according to the age group.

Instructor: Roy Abi Elias



# BASKETBALL

## (U6 – U17)

Basketball at ARGAN Bedaya is a fun and dynamic sport taught by internationally accredited Basketball Professionals. Joining the team at Bedaya, means that not only will you be able to participate in national tournaments, but will form part of a fun team. Basketball is known to support children to lead an active life, gives them self-confidence, and also promotes good self-esteem. With all these advantages, Basketball is an ideal choice of sporting activity for children and adults. We offer both indoor (air-conditioned) and outdoor courts.

Every Sunday to Thursday

Apr **25**<sup>th</sup> 2023 | June **26**<sup>th</sup> 2023

Time 4:00<sup>pm</sup> - 7:00<sup>pm</sup>

The sessions vary according to the age group.

Instructor: Velibor Balaban







# WEEKEND SPORTS CLUB

Our weekend sports club welcomes learners to participate in a fun-filled learning environment as each week learners will explore different sports activities and team games

Starting April **28<sup>th</sup>** 2023 | June **24<sup>th</sup>** 2023

| AGE  | STARTING DAY | SPORTS     | DURATION                                  |
|------|--------------|------------|---|
| 6-12 | Friday       | Basketball | 4:30 <sup>pm</sup> - 6:00 <sup>pm</sup>   |
| 13+  | Friday       | Basketball | 2:30 <sup>pm</sup> - 4:00 <sup>pm</sup>   |
| 6-12 | Saturday     | Football   | 1:00 <sup>pm</sup> - 2:30 <sup>pm</sup>   |
| 13+  | Saturday     | Football   | 11:00 <sup>am</sup> - 12:30 <sup>pm</sup> |

FULL TERM PRICE **KD 122** for **9** sessions (1 session per week)

OR **KD 60** for **4** sessions (1 session per week)



# THE MUSIC SCHOOL

Founded by Alia Alghanim and Faisal Khajah from Scenemakers, and highly respected figures in the Kuwait musical scene, in partnership with ARGAN Bedaya, The Music School offers world class training in both traditional and Western music to both adults and children.

Starting April 30<sup>th</sup> 2023 | June 15<sup>th</sup> 2023

| INSTRUMENT | STARTING DAY                                     | DURATION                                 |
|------------|--|--|
| Qanon      | Sunday to Thursday                               | 12:00 <sup>pm</sup> - 8:00 <sup>pm</sup> |
| Guitar     | Sunday to Wednesday                              | 3:00 <sup>pm</sup> - 8:00 <sup>pm</sup>  |
| Oud        | Sunday to Thursday                               | 4:00 <sup>pm</sup> - 8:00 <sup>pm</sup>  |
| Violin     | Sunday to Thursday<br>(Available after May 15th) | 4:00 <sup>pm</sup> - 8:00 <sup>pm</sup>  |
| Vocal      | Sunday to Thursday                               | 4:00 <sup>pm</sup> - 8:00 <sup>pm</sup>  |
| Piano      | Sunday to Thursday                               | 4:00 <sup>pm</sup> - 8:00 <sup>pm</sup>  |

## 5-13 YEARS OLD

Group Classes (up to 3 students) **KD 125 for 12 sessions** (2 sessions per week / 50 mins each session)

## INDIVIDUAL CLASSES

1-on-1 **KD 165 for 12 sessions** (2 sessions per week / 50 mins each session)

## 14+ ADULTS

Individual Classes **KD 145 for 8 sessions** (2 sessions per week / 50 mins each session)

**Instructors** Yousef Alibrahim (Guitar), Yassine Ajemma (Violin), Ahmed Mourad (Oud) and Souhad Najem (Qanon).  
Vocal & Piano (Chaimaa Chaarani)







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