



ARGAN BEDAYA LEARNING & SKILLS COURSES

- COMMUNITY
- CHILD DEVELOPMENT
- HOLISTIC APPROACH TO LEARNING
- EARLY CHILDHOOD EDUCATION
- LEARNING & SKILLS
- SPORTS

@arganbedaya
+965 976 883 70
ARGAN Bedaya
St 112, Block 1
Sabah AlSalem



WHO ARE WE

Argan Bedaya is a purpose-built community, with a holistic and expert approach to real-world, multi-generational learning.

From international academies to a Montessori-inspired child development center, ARGAN Bedaya offers personalized programs in sports, music, performing & culinary arts, design & technology, STEM, and supplementary & continuous education for people of all ages.

CHARACTER DEVELOPMENT COURSES



CHARACTER DEVELOPMENT COURSES

At ARGAN Bedaya, we believe in providing a holistic approach to learning. Our goal is to create opportunities for all learners to grow, not only academically, but also as individuals. ARGAN Bedaya aims to inspire learners' creativity, curiosity, and communication skills, and encourage and support them throughout their learning journey. We do this by nurturing learners' natural talents while also exposing them to new and creative means of imagining the world.

With that, we have developed 'Character Development' courses; these courses are designed to provide learners of all ages with the tools and skillset necessary to maintain healthy relationships with themselves and others, prepare them for real life experiences, and develop their emotional and mental capacity to engage as active and responsible citizens of the world.

PUBLIC SPEAKING

In this course, learners will work on everything from how to deal with nerves to improving voice modulation and clarity. Learners will be introduced to different exercises and activities that will help improve their presentational and public speaking skills in a fun and supportive environment. By the end of the course, learners would have gained more confidence in themselves and their public speaking skills.

Ages: 9 – 12 Years Old
Dates: 1st, 8th, 15th November 2022
Time: 4:30 – 5:30 PM
Language: English

DEVELOPING OUR EMOTIONAL WELLBEING

Our emotional and mental wellbeing affects all aspects of our lives; but to improve our mental health, we must understand who we are. This course is designed to build on and improve learners' emotional skills. Understanding emotions help us maintain healthy relationships with ourselves and others. They help us improve in our academic and professional life and empower us to manage difficult situations better. In this course, learners will work on their self-awareness, self-regulation, motivation, empathy, and social skills.

Ages: 15 – 18 yrs
Dates: 14th, 21st, 28th November & 5th December 2022
Time: 5:00 – 6:00 PM
Language: English

TIME MANAGEMENT

Time management is one of the most important skills individuals can have! Effective time management can help us make better choices, achieve our goals, and even allow us to have more free time! In this workshop learners will develop the skills to structure priorities and organize their time around homework, extracurricular activities, and leisure.

Ages: 12 – 15 Years Old
Dates: 22nd November 2022
Time: 4:30 – 5:30 PM
Language: English

RESILIENCE: HOW TO DEAL WITH ADVERSITY AND SETBACKS (GIRLS ONLY)

This two-part workshop is designed to provide learners with the skills necessary to deal with life's challenges. Learners will work on developing the tools that aid in creating healthy coping mechanisms, especially when facing setbacks and/or disappointments.

Ages: 13 – 18
Dates: 30th November & 7th December 2022
Time: 4:30 – 5:30 PM
Language: English

ARABIC CREATIVE WRITING

This course aims to introduce young writers to the concept of the writer and how to identify each enrollee's novelist style. During the course, they will also learn about the steps and tools of writing a novel as well as ways to stimulate the creative writer within each trainee. In addition to identifying each trainee's personality strengths and how to transfer them to their fictional characters, they will also acquire skills that allow them to overcome writer's block. They will eventually be able to prepare the first manuscript for their first literary release draft from beginning to end.

Ages: 12-15 yrs
Dates: 3rd, 5th, 10th, 12th, 17th, 19th, 24th, 26th October 2022
Time: 6:00 – 7:30 PM
Language: Arabic

MANAGING EMOTIONS THROUGH ART

This course is designed to introduce young learners to basic emotions through art. Learners will work on art activities that will guide them in identifying their emotions, while also offering them a space for self-expression.

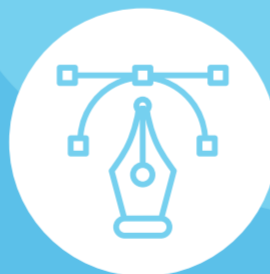
Ages: 6 – 9 yrs	Ages: 9 – 12 yrs
Dates: 10th, 17th, 24th October 2022	Dates: 10th, 17th, 24th October 2022
Time: 4:00 – 5:00 PM	Time: 5:30 – 6:30 PM
Language: English	Language: English

THE POWER OF POSITIVE SELF-TALK

This workshop will introduce learners to the concept of 'self-talk', exploring the importance of speaking to oneself kindly or 'positively', the effect negative self-talk has on our bodies and mental health, and how to navigate difficult emotions through self-reflection and a growth mindset.

Ages: 12 – 15 yrs	Ages: 15 – 18 yrs
Dates: 19th October 2022	Dates: 2nd, 9th November 2022
Time: 4:30 – 5:30 PM	Time: 6:30 – 7:30 PM
Language: English	Language: English

DESIGN & TECHNOLOGY



DESIGN & TECHNOLOGY

The Fine Arts, & Design Technology department at ARGAN Bedaya aims to inspire and engage the community by delivering creative, practical, and challenging programs combining technology and a hands-on holistic approach to lifelong learning. Course offerings include, but are not limited to, product design, smart materials, mixed media, painting, drawing, printing, fashion and textiles, 3D design, sculpture, art history and fine arts for all ages.

We aim to encourage learners to study the work of artists, designers, engineers, scientists, inventors, innovators, and technologists and understand how this can inspire their own work. All courses lead to finished creative outcomes and in doing so will also teach valuable life skills such as critical thinking, problem solving, innovation, and collaboration; challenging learners to understand the wider world around them and become more insightful consumers and conscious global citizens.

Courses will encourage creativity, curiosity, experimentation, making mistakes, risk taking, and problem solving at all levels and ensure learners adapt a holistic approach when designing and making products and artworks. Argan Bedaya firmly believes that members learn best by 'doing' and has carefully developed programs that allow learners to work with different materials so that they can develop a greater appreciation for traditional practices whilst embracing new technologies.

GRAFFITI DESIGN

This course is designed to introduce learners to the influences of graffiti in modern day subculture. Learners will explore different themes, styles, typography, fonts and create a final finished canvas design. Each week learners will develop their calligraphy, rendering, designing, stenciling, and spray-painting skills.

Ages: 12 – 18 yrs
Dates: 1st, 8th, 15th, 22nd October 2022
Time: 5:00 – 6:30 PM
Language: English

AVANT GARDE FASHION ILLUSTRATION

This Fashion illustration course is designed for those who love designing, drawing, and creating outfits. Researching the works of Avant Garde fashion designers and contemporary illustrators you will learn how to sketch, render, and illustrate a fashion collection. Learners will take home a completed mixed media canvas.

Ages: 12 – 18 yrs
Dates: 1st, 8th, 15th, 22nd October 2022
Time: 3:00 – 4:30 PM
Language: English

IMPASTO FINGER PAINTING

Inspired by Brooklyn based artist Iris Scott, this course is designed for those who love getting their hands dirty and creating textured pieces of artwork. Come join this amazing spontaneous finger painting impasto workshop for adults to have fun and create a huge painting inspired by an artist, designer, culture, theme, or design movement of your own choice.

Ages: 18+ yrs
Dates: 27th September & 4th, 11th, 18th October 2022
Time: 10:30 – 12:00 PM
Language: English

TEXTILE CLUB: EMOJI-ME BAG DESIGNS

Textile club will be a regular focus at the Argan Bedaya Design & Technology Centre. Workshops are designed for those that would love to learn to use the sewing machine, learn to make pattern templates, and create a lovely bag, cushion or pencil case inspired by Emoji me.

Ages: 9 – 12 yrs
Dates: 1st, 15th, 22nd, 29th, November, 6th, 13th December 2022
Time: 4:00 – 5:30 PM
Language: English



ARCHITECTURAL MODELLING

This Architectural Design course is designed for those who have always dreamt of creating unique architectural designs and enjoy modelling, making, and sketching. This six-week course involves planning, designing, prototyping, creating mood boards, researching the works of influential international architects and much, much more! You will develop a personal method of freehand drawing and rendering techniques. Learners will take home a series of research work, design sheets, and a final prototype model.

Ages: 12 – 15 Years Old
Dates: 5th, 19th, 26th November & 3rd, 10th, 17th December 2022
Time: 3:00 – 4:30 PM
Language: English



SCULPTURE - MIXED MEDIA

This course is designed to introduce learners to spatial-plastic figuration, 3D art, and recycled art. Learners will get acquainted with different artists and a variety of artistic examples throughout history. They will work on building their fine motor skills, develop independent working skills, problem solving, and creativity.

Ages: 9 - 12 yrs
Dates: 28th September & 5th, 12th, 19th October, 2022
Time: 4:30 – 6:00 PM
Language: English

CURATING: ART APPRECIATION

This course is designed to introduce learners to one of the basic aspects of the art curator's profession – art appreciation! Learners will develop the skills necessary to analyze and interpret a work of art. They will also be introduced to different styles and periods in art through famous works, exploring difference between descriptive and non-descriptive art, as well as art as a reflection of its time.

Ages: 15-18 yrs
Dates: 28th September & 5th, 12th, 19th October, 2022
Time: 6:30 – 7:30 PM
Language: English

20TH CENTURY ART – PART 1

This course is designed as an introduction to avantgarde; Cubism, Futurism, Expressionism, Abstract art, Bauhaus, Dada, Surrealism, and Figurative art. Learners will discover some iconic works of art and artists that redefined art in the 20th century.

Ages: 15-18 yrs
Dates: 3rd, 10th, 17th, 24th, November & 1st, 8th December 2022
Time: 6:00 – 7:00 PM
Language: English

FASHION UPCYCLING

Upcycling, also known as creative reuse, is the process of transforming by-products or "waste" materials into new materials or products perceived to be of greater quality, such as artistic value or environmental value. This course is designed to help you repurpose, redesign, reuse, rethink an old pair of clothing and give it new life. You will learn how to embellish and transform your clothing into a new piece or wall art. Enthusiasm, a love for fashion, and environmental consciousness is a must.

Ages: 12 – 18 Years Old
Dates: 5th, 12th, 19th, 26th November & 3rd, 10th, 17th December 2022
Time: 5:00 – 6:30 PM
Language: English

DRAWING CLASSES

This course is designed for learners who enjoy art and would love to develop their freehand drawing skills. Each session will be used to learn a different method and medium of drawing with a focus on observational drawing techniques and ensuring your recording is accurate and clear.

Ages: 6 - 9 yrs
Dates: 1st, 8th, 15th, 22nd October 2022
Time: 1:00 – 2:30 PM
Language: English

MIXED MEDIA COLLAGE

This course is designed to introduce members to the art of collage, decollage, assemblage, recomposition, photomontage, and much more! Learners will also be introduced to abstract (reduced) composition, surface, colorism – further developing their creativity and artistic skills. The art of collage will be taught through art history examples (cubism, surrealism, dada, pop-art), and learners will work on creating their own Mixed Media Collage Piece.

Ages: 12-15 yrs
Dates: 29th September & 6th, 13th, 20th October 2022
Time: 4:30 – 6:00 PM
Language: English

ART AT THE TURN OF THE CENTURY

This art history course is an introduction to different art movements and aesthetics at the end of the 19th and the beginning of 20th century; Romantic art, Realism, Fauvism, Symbolism, Wiener Secession, Jugendstil, and Art Deco. This course is perfect for those who want a deep dive into the art world, gaining knowledge on all things art!

Ages: 15-18 yrs
Dates: 3rd, 10th, 17th, 24th, November & 1st, 8th December 2022
Time: 4:30 – 5:30 PM
Language: English

ARTISTIC PERIODS AND STYLES

This Art History course is designed as an introduction to early artistic periods and styles including but not limited to Prehistoric art, Ancient Greek Art, Ancient Egyptian Art, and Medieval Art. This course is perfect for those interested in learning about artistic developments through history.

Ages: 12-15 yrs	Ages: 15-18 yrs
Dates: 31st October & 7th, 14th, 21st, 28th, November & 5th December 2022	Dates: 31st October & 7th, 14th, 21st, 28th, November & 5th December 2022
Time: 4:30 – 5:30 PM	Time: 6:00 – 7:00 PM
Language: English	Language: English

CALLIGRAPHY

In this course you will learn Modern and vintage lettering styles. Writing with Dip pens, inks and brush lettering. Step by step course on practice sheets. Requirements: Sketchbook & iPad (optional).

Ages: 12 –18 yrs
Dates: 27th, September & 4th, 11th, 18th October 2022 & 8th, 15th, 22nd, 29th, November, 6th, 13th December 2022
Time: 6:00 – 8:00 PM
Language: English

DRAWING AND CONTEMPORARY MOSAIC WORK

Mosaic is a picture or decorative design made by setting small coloured pieces, such as stone, glass, or tile into a surface. Contemporary mosaic work uses a range of unconventional materials including beads, buttons, timber, nails, stones and/or glass! This course is designed for those that love creating textured imagery in mixed media, using your own drawings, visual stimulus, and mosaic tiles. By the end of the course, learners would have created a beautifully made piece of art for the wall or a large coaster design.

Ages: 18+ yrs
Dates: 5th, 19th, 26th November & 3rd, 10th, 17th December 2022
Time: 1:00 – 2:30 PM
Language: English

WATERCOLOR PAINTING

This course will be run by watercolor artist Philip Kamble. This course includes everything you need to know about choosing the correct watercolor supplies, how to prepare for painting, various techniques & ideas and to how paint loosely.

Ages: 12 -18 yrs	Ages: 18+ yrs
Dates: 1st, 8th, 15th, 22nd October 2022	Dates: 25th, September & 2nd, 9th, 16th, October 2022, 6th, 13th, 20th, 27th, November & 4th, 11th December 2022
Time: 4:30 – 6:30 PM	Time: 7:00 – 9:00 PM
Language: English	Language: English

THEORY OF SCULPTURE

This Art history course is designed as an introduction to the art of sculpture. Learners will discover all aspects of sculpture design, from sculpture form to different techniques and styles.

Ages: 15-18 yrs
Dates: 2nd, 9th, 16th, 23rd, 30th November & 7th, 14th, December 2022
Time: 3:30 – 3:30 PM
Language: English

BATIK DESIGN

Batik is an ancient method of resist painting and textile art that uses wax and dye to produce patterns on a piece of plain cloth. This course is designed to help you explore and develop your skills in batik design. You will learn how wax is used as a resist method and then paint and dye your fabric designs. Finished pieces can be scarves or pieces for wall art.

Ages: 18+ yrs
Dates: 1st, 15th, 22nd, 29th, November & 13th December 2022
Time: 10:30 AM – 12:00 PM
Language: English

PRINTING & COLLAGE

Join us for a Rex Ray inspired printing and collage work course! Rex Ray was an American graphic designer and collage artist, based in San Francisco. This course focuses on creating textured layered prints and then collaging these in the style of Rex Ray artwork. Learners will focus on printing, color, composition, pattern, and design, whilst creating these elaborate large-scale modern graphic designs.

Ages: 9 - 12 yrs
Dates: 27th September & 4th, 11th, 18th October 2022
Time: 4:00 – 5:30 PM
Language: English

OIL PAINTING

This course will be run by our resident artist Philip Kamble. This course includes everything you need to know about choosing the correct oil supplies, how to prepare for painting, various techniques and ideas, and to how paint creatively. The course will be divided into 3 levels -beginners intermediate and advanced.

Ages: 12-18 yrs	Ages: 18+ yrs
Dates: 30th, September & 7th, 14th, 21st, October 2022	Dates: 30th, September & 7th, 14th, 21st, October 2022
Time: 3:30 – 5:30 PM	Time: 6:00 – 8:00 PM
Language: English	Language: English



STEM

STEM

STEM is an interdisciplinary approach to learning that integrates Sciences, Technology, Engineering and Math, to engage learners with real-life experiences that will lead to deep and long-lasting inspired learning.

The STEM courses at Argan Bedaya cover a wide range of areas, including but not limited to coding and robotics, astrophysics, mechanical engineering, biochemical engineering, structural engineering, and much more. With the help of these courses, learners will develop their skills as coders, engineers, researchers, problem solvers, creative and critical thinkers, and global citizens.

EXPLORING THE WORLD OF ROBOTICS

Programming Robots might seem difficult, but with Edison, a LEGO compatible robot, learners will explore how robots are programmed and how they can make use of robots to improve the quality of their lives.

Ages: 15 – 18 yrs
Dates: Wednesdays 2nd, 9th, 16th, 30th November & 7th, 14th December 2022
Time: 6:30 – 8:00 PM
Language: English





ROCK-IT

Throughout history, great minds have been fascinated with rocketry and exploring the world beyond the sky. In this course, learners will examine the importance of scientific discoveries. They will learn how to apply their understanding of Newton's Laws of Motion in daily life challenges. As scientists, learners will follow the scientific methodology to investigate the factors that affect the efficiency of a rocket.

Ages: 6 - 9 yrs

Dates: 25th September & 2nd, 9th, 16th October 2022

Time: : 4:30 – 6:00 PM

Language: English

Ages: 9 - 12 yrs

Dates: 30th October & 6th, 13th, 27th November

4th, 11th December 2022

Time: 6:30 – 8:00 PM

Language: English

LITTLEBITS & CODING: A GAME CHANGER

Who isn't a fan of video games? In this course, learners will engage in game-based coding and engineering to design, create, and remix games. Learners will also make inventions while exploring programming and engineering concepts. Indulge in designing a game that addresses a community issue, constructing a rockstar guitar, customizing your own version of "Hot Potato," creating and remixing the "Tug of War" game and so much more! Are you excited? Geek out and game on!

Ages: 6 - 9 yrs

Dates: 29th September & 6th, 13th, 20th October 2022.

Time: 4:30 – 6:00 PM

Language: English

A CODER WITH ARDUINO

Discover the newest skill you can learn with Arduino coding course! This is an introductory course of Arduino Fundamentals in Electronics and Physical Computing where learners will program a microcontroller. With it, learners will make a play of lights, move servomotors, communicate with the Android via Bluetooth, view information of a temperature sensor on an LCD screen and so much more...

Ages: 12 - 15 yrs

Dates: 30th September, & 7th, 14th, 21st October, 2022

Time: 4:00 – 5:30 PM

Language: English

BRIDGE THE RIDGE

A new challenge awaits our young engineers. In this course, learners will investigate different types of plate boundaries and learn about the most famous bridges in the world. This course works on building creativity, teamwork, problem solving, and risk-taking skills.

Ages: 6 - 9 yrs

Dates: 2nd, 9th, 16th, 30th November & 7th, 14th December 2022

Time: 4:30 – 6:00 PM

Language: English

UPCYCLING MUSICAL INSTRUMENTS

Do you like music? Are you a friend of the environment? This course is designed for learners looking to combine these two interests? Learners will repurpose, redesign, reuse, and rethink several types of waste and transform them into musical instruments. Learners will then tune, test, and play them!

Ages: 9 - 12 yrs

Dates: 30th September & 7th, 14th, 21st October

Time: 2:00 – 3:30 PM

Language: English

SAVE THE ROVER

With mythology, history, invention, physics, engineering as the playground, this has got to be the most intense STEAM course ever created! Throughout each session, learners will slowly reveal and explore the concepts behind determining velocity while looking at the legend of Icarus, the inventions of DaVinci, the landing of the Mars Rover, all the way to perseverance and much more.

Ages: 12 - 15 yrs

Dates: 1st, 8th, 15th, 29th November & 6th, 13th December 2022

Time: 4:30 – 6:00 PM

Language: English

BEYOND SPHERE

Have you ever wondered why wonderful things go round and why a sphere is considered a magical object! Through fun "wet" STEAM activities, learners will find the bubble's secret recipe, design a machine and build new "bubbly" habitats. They will explore why planets are round and how bubbles go round. Learners will explore pressure, gravity, geometrical shapes, measurements, and other principles in physics. At the end of this course, STEAMers will design their own challenge, track, and break each other's record.

Ages: 6 - 9 yrs

Dates: 30th October & 6th, 13th, 27th November,

4th, 11th December 2022

Time: 4:30 – 6:00 PM

Language: English



CHEMISTRY MAGIC TRICK

This course aims at igniting imagination and nurturing a lifelong love of science and exploration. Here, learners will be introduced to different chemistry magic tricks and the safety laboratory rules. Learners will be able to perform chemistry magic tricks and explain its underlying principles.

Ages: 12 – 15 yrs

Dates: 31st October, & 7th, 14th, 21st, 28th November, 5th December, 2022

Time: 6:30 – 8:00 PM

Language: English

MOBILE APPLICATION

In this course, learners will explore how to code an app to solve a community problem they care about. This course involves getting to know their community, the problems they face, and how to best solve a problem with a mobile phone application.

Ages: 15 – 18 yrs

Dates: 1st, 8th, 15th, 22th, 29th November,

6th December 2022

Time: 6:00 – 7:30 PM

Language: English

DEVELOP DIGITAL CONTENT WITH H5P

H5P is a digital open-source content collaboration framework that empowers everyone to create, share, and reuse interactive content. In this course, learners will explore the different H5P plugins and be directed to develop rich interactive digital STEAM content.

Ages: 15 – 18 yrs

Dates: 29th September & 6th, 13th, 20th October, 2022

Time: 6:30 – 8:00 PM

Language: English

TOO FAST TOO FURIOUS

The pinewood derby is the wood car racing event of Scouts BSA. Pinewood derbies are often run by packs of the Cub Scouts program. In this course, learners will first explore the underlying principles necessary for acceleration, and then design and construct their own unpowered, unmanned miniature cars from pinewood, decorate, test and ... you guessed it "compete"! Too fast too furious!

Ages: 9 - 12 yrs

Dates: 3rd, 10th, 17th, 24th November,

1st, 8th, December 2022

Time: 4:30 – 6:00 PM

Language: English

BALSA BRIDGE DESIGN

In this course, learners will design and construct the lightest bridge using thin balsa wood sticks. The bridge should be capable of supporting a given load over a given span. This course involves researching the different types of truss bridges, planning, designing, prototyping, testing, evaluating, and then rebuilding. Learners will then participate in a balsa bridge building contest. The winner will be determined by the largest load/mass ratio. This course aims at enhancing fine motor skills, building resilience, and instilling persistence.

Ages: 12 – 15 yrs

Dates: 3rd, 10th, 17th, 24th November, 1st, 8th, December 2022

Time: 6:30 – 8:00 PM

Language: English

LAUNCHER

Did you know that anything launched in the air will follow a parabolic trajectory? In this course, learners will be introduced to the meaning of vertical and horizontal speed while exploring the parabolic motion. They will be using digital tools that will enable them to change variables and explore outcomes. By the end of this course, learners will use different scientific and mathematical phenomena to build and launch their own device!

Ages: 15 - 18 yrs

Dates: 27th September & 4th, 11th, 18th October 2022

Time: 6:30 – 8:00 PM

Language: English

STEAM ON THE WELLBEING OF THE LEARNER

This course is designed to harness learners' natural curiosity to promote learning of STEAM skills and prepare them to become innovative thinkers while addressing their wellbeing. Each week, learners will embark on a new STEAM challenge that is consciously planned to enhance their critical thinking, creativity, and problem-solving skills. The challenge will allow them to work collaboratively and cooperatively to find solutions to real life problems. These activities include but are not limited to rocket science, healthy recipes, solar oven, crash test car, rollercoaster, physics potos, planting, and environmental activities.

Ages: 6 – 9 yrs

Dates: 31st October, & 7th, 14th, 21st, 28th November & 5th December, 2022

Time: 4:30 – 6:00 PM

Language: English

